

Appendix

Suggested Activities and Resources for Learning at Home with Children

OFFLINE & ONLINE IDEAS DURING COVID-19







(no electronics required)

Family Time

- 1. Plan surprise acts of kindness: Encourage your child to plan one, secret surprise act of kindness for another person in the family throughout the week.
- 2. Connect and learn from relatives: Invite your child to interview older relatives or neighbours to describe what they remember about growing up when they were the same age as your child. Have your child make a record of what they learnt.
- 3. Make and send 'I Appreciate You' notes: Encourage children to make a card, draw a picture or write a note of appreciation to family relatives, neighbors, or others that do not live with you. It will lift spirits.



(no electronics required)

Family Time

- **4. Cook meals together:** Invite children to help prepare a meal is a great way to spend together; especially learning new recipes. Cooking encourages children to take responsibility, and collaborate with others and is a great way to learn mathematics.
- **5. Explore family members' personal goals:** What is one personal goal that your child hopes to complete this next year? In what ways could others in your family help your child's efforts?



(no electronics required)

- 6. Create 'obstacle courses' and 'homemade forts': Click here for inspiration.
- 7. Host family 'treasure' hunts: Create written or spoken clues for your children to search for items in the house leading to a pretend 'treasure'. Click here or here for some ideas about clues.
- **8. Play 'I Spy' games:** Play 'I Spy' with children looking around your home or outside. Think about giving clues related to shape or colour or size. Click here for instructions.
- **9. Create a Family Word Jar for new vocabulary:** When you read stories together, write down words that are new to your children on pieces of paper and place them in a Family Word Jar; pull them out later to practice.



(no electronics required)

- **10. Put on puppet shows:** Use old socks or other items around the house have children create homemade puppets and put on a show. Click here for some ideas.
- **11.Act as a journalist:** Invite children to interview grandparents, parents and friends about their day or their experience with COVID-19 and present a their 'news bulletin' to family members.
- **12. Sharpen your memory:** Play memory games where the family members make a story by repeating and adding items in alphabetical order 'Today we're going on a picnic, and we're bringing an apple / an apple and a banana / an apple, banana and cold water..... Click here for details.
- 13. Sing together and learn new songs: Explore, share, write new songs together as a family.



(no electronics required)

- **14. Resurrect games of yesteryear:** Have children learn and play the games and pass times of parents and grandparents
- **15. Burn energy with 'Stop and Go Games':** Involve children in the 'Red Light, Green Light' game they 'freeze' and then follow instructions to move in fun ways. Click here for some ideas.
- **16. Challenge family members with 'Simon Says':** Host family 'Simon Says' games, using different fun directions. Click here for 101 ideas of the types of instructions you could give.
- **17. Try hand-clapping games**: After washing your hands, encourage children to learn new handclapping games or make one up and teach other members of the family. Click here for some ideas.



(no electronics required)

- **18. Create using materials around the home:** Using blocks or materials you would recycle (i.e. boxes, milk containers), invite children to create cities, towns, musical instruments and use what they have made to tell a story. Click here for an example and here for five more ideas
- **19. Set up a store/market/restaurant in your house**: Pretend your home is a store or market and add price tags to various items. Turn dinner time into a restaurant experience and encourage children to acts as waiters, make fun menus, design decorations, and even create new recipes together.
- **20. Play card games:** With a standard 52 card deck, learn to play new card games. Children can also build card-houses and use cards for math or memory games. Click here for 10 games.



(no electronics required)

- **21. Design and fly paper airplanes:** Learn to design, build, decorate and fly paper planes together. See which plane goes the furthest or fastest! Click here for 45 paper airplane designs.
- **22. Create fun paper hats and play dress up:** Use paper plates with children to create fun hats. Click <u>here</u> for directions. Children can also dress up with clothes from adults and put on fun fashion shows.
- **23. Make your own dice and play new games**: Click <u>here</u> or <u>here</u> to learn how to make dice with paper. Then click <u>here</u> for some ideas of games with dice.
- **24. Move, dance and exercise together:** Even 20 minutes a day of exercise makes a huge difference. Click here for ideas.
- 25. Co-create a daily family routines: Click here for some weekly sample routines for children of all ages.



PART II

35 Online Learning Activities & Resources

Learning Across Multiple Subjects

- 1. Khan Academy: An online resource for independent learning for all ages. Click here.
- 2. Scholastic Learning: Project-based, week-long learning units for grades K-9. Click here.
- 3. Wonderopolis: Daily lessons of fun, 'child wonder topics' to explore. Click here.
- 4. PBS Learning Media: Curated daily, subject-specific, age appropriate materials. Click here.
- 5. YouTube 'Learn at Home': Curated channels for interactive learning videos. Click here.
- 6. YouTube 'PLAY' Series: 3-minute videos of games to play at home with children. Click here.
- 7. Kahoot!: Create a game show at home with custom or pre-made trivia questions. Click here.
- 8. Zero to Three: Home-based play activities for children aged 12 to 24 months. Click here.
- 9. Vroom: Science-based app providing practical tips for parents of young children. Click here



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35 Online Learning Activities & Resources

Learning through Reading

- **10.** Epic: 40,000 books for children under 12 years old. Limited time for free access. Click here.
- 11. Audible Stories: Access to 1000s of 'read-aloud' stories from Amazon for all. Click here.
- 12. Global Digital Library: Access to free digital books in 48 languages. Click here.
- 13. Antura and Letters: Global app to learn to read; available in 25 languages. Click here.
- 14. YouTube 'KidTimeStoryTime': Curated 'read aloud' children's books in all topics. Click here.
- 15. Story Time from Space: Listen to astronauts reading books from space. Click here.
- 16. World Reader: Storybooks for your mobile device (start with 75 free ones). Click here.
- 17. Story Weaver: Storybooks for children in different languages. Click here.
- 18. African Story Book: Access storybooks in African languages, 700+ in Kiswahili. Click here.



PART II

35 Online Learning Activities & Resources

Learning Mathematics

19. BedTime Math: Daily, funny, 5-min math word problems for children of all ages. Click here.

20. Erikson Early Math: Math-based learning games for children in early years. Click here.

21. Omnicalculator: 1032 custom calculators to use math in the real world. Click here.

22. Photomath: An app to take photos of math problems and receive assistance. Click here.

23. TeachBanzai: Financial literacy for all aged children. Click here.

Learning about Science and Technology

- 24. Nasa Kids Club: A range of STEM resources related to science and space for children. Click here.
- 25. MosaMackScience: Science/engineering challenges for children aged 9 to 13. Click here.
- **26. Coding:** Explore how to code at either Code.org (click here) or Code Academy (click here).
- 27. TypingClub: Encourage children and young people to learn and master typing. Click here.



PART II 35 Online Learning Activities & Resources

Learning through Exercise, Play and Exploration

- 28. GoNoodle: A suite of online, fun exercise videos for childen, developed by experts. Click here.
- 29. Playworks: A helpful list of children's physical activities for use within indoors. Click here.
- **30.** YoReMi: A site with yoga activities for children, now free during the COVID-19 crisis. Click here.
- 31. ChessKid: Learn how to play chess and play with children around the world. Click here.
- 32. FiveMinuteMum: Curated list of 5-minute activities children can do at home for fun. Click here.
- 33. Virtual Museums: Explore 12 virtual museums that match children's interests. Click here.

Learning a New Language

- 34. Duolingo: Learn a foreign language through an interactive, downloadable app. Click here.
- 35. CommonSenseMedia: Curated list of 33 sites/apps to learn a foreign language. Click here.



PART III 5 Resources for Talking about COVID-19 with Children

- 1. COVIBOOK: Downloadable children's book about COVID-19 in many languages. Click here.
- 2. The Red Cross: A list of advice and resources for speaking to children about COVID-19. Click here.
- 3. World Health Organization: Curated site of videos about aspects of COVID-19. Click here.
- 4. WhatsApp Facts: Interactive app with facts about COVID-19 from the WHO. Click here.
- 5. YouTube Baby Shark Song for Handwashing: Childrens video for hand washing. Click here.

For updated information, it is important to reference the WHO as a trusted source as the situation evolves.



PART IV

10 Websites for More Learning Materials

- 1. UNESCO: Repository offline/online learning websites during school closures. Click here.
- 2. INEE: Repository of offline/online resources for education in emergencies. Click here.
- 3. UNICEF: Responses to COVID-19 for children (click here) and online safety guides (click here).
- 4. World Bank: Repository of resources for supporting children learning at home. Click here.
- 5. Save the Children: Repository of COVID-19 learning at home resources for families. Click here.



PART IV 10 Websites for More Learning Materials

- 6. Forbes Magazine: 101 ideas for supporting children's learning at home. Click here.
- 7. We Are Teachers: 1000+ learning at home resources listed by grade/subject. Click here.
- 8. Amazing Educators: 1000+ crowdsourced ideas for learning during COVID-19. Click here.
- 9. Oxford University: List of recommended home learning resources from the UK. Click here.
- 10. ECD Action Network: List of resources for promoting early childhood development. Click here.



Thank you.



